



DIAMOND BAR
Optometric Center



ENVISION
by INMODE

FREQUENTLY ASKED QUESTIONS

What is Dry Eye Disease?

Dry eye disease is a condition where eyes do not produce enough quality tears to lubricate, nourish and protect the eye. This can be caused by factors such as aging, environmental conditions, prolonged screen use, certain medications, autoimmune disorders, and hormonal changes. It is characterized by a range of symptoms including stinging or burning sensations, redness, itchiness, blurred vision, and a feeling of grittiness in the eyes. Dry eyes can also negatively impact contact lens wear. Dry eye is often a chronic and progressive condition which requires medical intervention and management to alleviate discomfort and prevent potential complications.

What is meibomian gland dysfunction (MGD)?

Meibomian gland dysfunction (MGD) is a common eye condition where the meibomian glands, located in the upper and lower eyelids, may become blocked and do not function properly. These glands secrete an oily substance that forms an essential part of the tear film. When secretion of this oil is obstructed or reduced, moisture evaporates too quickly from the tear film, resulting in dry eye symptoms, eyelid inflammation (blepharitis), and potential damage to the ocular surface. MGD is also the most common cause of recurrent "eyelid styes." If left untreated, MGD can lead to chronic discomfort and increased risk of permanent damage, highlighting the importance of timely diagnosis and appropriate management.

What is Forma-i?

Forma-i is a non-invasive radiofrequency treatment to address dry eye symptoms caused by Meibomian Gland Dysfunction (MGD). A small and precise applicator delivers gentle heat to the delicate eye area, thereby targeting the underlying causes of meibomian gland dysfunction, such as gland blockages, and promoting improved blood circulation and gland function. Radiofrequency thermal energy also promotes a process called neocollagenesis, or the growth and repair of collagen. This helps rebuild and repair the meibomian glands, and results in smoother, tighter, and more youthful-looking skin. By stimulating gland activity and secretion, Forma-i radiofrequency treatment can help alleviate dry eye symptoms, including discomfort, blurred vision, and irritation, and improve the appearance of fine lines, wrinkles, and bags.

1255 S. Diamond Bar Blvd. Diamond Bar CA 91765
(909) 861-4999 info@dboptometric.com



DIAMOND BAR
Optometric Center



ENVISION
by INMODE

What is Lumecca?

Lumecca Intense Pulsed Light (IPL) treatment delivers targeted light energy to areas of the face, body, and delicate eye area, offering benefits for dry eye, inflammation, and pigmentation concerns. Light energy targets the tiny abnormal inflammatory blood vessels just below the skin, reducing eyelid inflammation, rosacea, eyelash mites (demodex), and improving collagen synthesis, indirectly helping dry eye symptoms and associated discomfort. Additionally, Lumecca IPL's ability to target pigmented areas can be utilized to address issues like hyperpigmentation, improving the aesthetic appearance around the eyes, areas of the face, and body.

How many treatments are needed?

Most patients will start to feel and see improvement after the first treatment, however a series of 4 treatments spaced 2-4 weeks apart is recommended for optimal results.

Who is a candidate for treatment?

Patients over 18 with symptomatic or asymptomatic meibomian gland dysfunction can safely undergo this treatment. There are a few exceptions, such as patients who are pregnant or breastfeeding, or who have other existing eye conditions.

Are these treatments covered by insurance?

These treatments are not recognized by insurance companies as coverable services and are therefore cash pay. These treatments are intended to improve and treat the root cause of dry eye disease, thereby saving money on the lifelong need for expensive prescription eye drops.

How long do the results last?

Based on the severity of the condition and consistency with home therapy, results may vary. Some patients may need 1-2 enhancement treatments annually to maintain the results of the initial treatment package. The enhancements are based on your symptoms and any signs of dryness that your eye doctor detects at your annual eye exams.

1255 S. Diamond Bar Blvd. Diamond Bar CA 91765
(909) 861-4999 info@dboptometric.com